

*Pam B. Newberry's*

## 5 REASONS I LOVE READING

This listing is not exhaustive, but it may get you to thinking about why you read...

### READING ENTERTAINS

#### Enjoy the world out there

When you pick up a book, you can escape into the world the author created. Give it over to your mind and allow yourself to explore the wonders of the author's world. Think of *Gulliver's Travels*, *The Wizard of Oz*, or *The Notebook*.



### DISCOVER YOURSELF

#### Learn something new about you

Opening a book begins a journey. Sometimes that journey takes you to places you've never heard about, sometimes it shows you things that causes you to question the world in which you live. Either way, you learn something new about you..



### YOU DESERVE A BREAK

#### Keeps life exciting too!

In this busy, digitized life we live, sitting down with a book gives you a chance to breathe, to take the very break you deserve. Think of the great beach reads we've all enjoyed. Plan your daily break with a book. It will become a wonderful habit!



### SOMETHING TO TALK ABOUT

#### Expand your horizons

Each book you read adds more knowledge that you can recall and use when you meet someone new, reconnect with old friends, or are put in that weird situation with a another person. Bring up something you read in a book. The conversation will soar.



### GREAT WAY TO RELAX

#### So many places to enjoy

It never fails. Picking up a book, reading a few pages before bedtime helps you move from the hassles of the day, unwind, and slowly give up the day's fight for a restful sleep. Try it!



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